

*"Service Above Self" since 1979*

WE ARE

# ROTARY CLUB ROOPNAGAR

ROTARY ROOPNAGAR TRUST

Zone 7

R.I. DISTRICT 3080



"HUM" IN ACTION

Rotary International" is a global network of **1.4 million members** in over **46,000 clubs** across **200+** countries. Founded in **1905** in Chicago, Rotary is one of the world's largest and most influential **service organizations**, dedicated to humanitarian causes, ethical leadership, and community development.

## Why Choose Rotary?

Joining Rotary International offers numerous personal and professional benefits while allowing you to make a positive impact in your community and the world. Here's why you should consider becoming a Rotarian:

1. Make a Difference in the World
2. Expand Your Network.
3. Personal & Professional Growth
4. Local & Global Impact
5. Friendship & Fellowship
6. Ethical & Inclusive Environment
7. Travel & International Opportunities
8. Leave a Lasting Legacy



Rotary's motto is "Service Above Self"—if you want to serve, connect, and lead, Rotary is the perfect place for you!

**Rtn. Sudhir Sharma**

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## FROM THE DESK OF THE PRESIDENT

Rtn. Sudhir Sharma  
RY 2025-26



"पानी अनमोल है, इसकी कीमत समझो, व्यर्थ ना बहाओ"

प्रिय रोटेरियन साथियों,

आज मैं एक ऐसे विषय पर बात करना चाहता हूँ, जो हम सभी के जीवन से सीधे जुड़ा है — पानी।

"पानी अनमोल है, इसकी कीमत समझो, व्यर्थ ना बहाओ" — यह केवल एक नारा नहीं, बल्कि जीवन का सच्चा मंत्र है।

पानी हमारी धरती का, और हमारे जीवन का, सबसे महत्वपूर्ण संसाधन है। इसके बिना न तो जीवन संभव है, न ही विकास। लेकिन दुर्भाग्य से, हम इसे सबसे ज्यादा बर्बाद भी करते हैं। खुले नलों से बहता पानी, बारिश के पानी का बेकार बह जाना, और बेवजह की खपत — ये सब आने वाले संकट की चेतावनी हैं।

रोटरी क्लब का उद्देश्य केवल सेवा प्रोजेक्ट करना नहीं है, बल्कि लोगों में जागरूकता पैदा करना भी है। इस वर्ष हमारा प्रयास रहेगा कि हम "वाटर हार्वेस्टिंग", वॉटर रीसायक्लिंग और स्मार्ट उपयोग की आदतों को बढ़ावा दें। हम स्कूलों, कॉलोनियों और गाँवों में जाकर यह संदेश दें कि हर बूंद की कीमत है।

याद रखिए — पानी सोने-चांदी से भी कीमती है, क्योंकि धन के बिना जीना संभव है, लेकिन पानी के बिना नहीं। तो आइए, हम सब मिलकर यह संकल्प लें:

"हर बूंद बचाएँ, जीवन बचाएँ"

क्योंकि — "पानी अनमोल है, इसकी कीमत समझो, व्यर्थ ना बहाओ"।

धन्यवाद!







## FROM THE DESK OF THE SECRETARY

Rtn. Dr. Ankur Wahi  
RY 2025-26

Dear Rotarians and Friends,

As the Secretary of Rotary Club Roopnagar, I feel truly humbled to be at the service of our club, living by our guiding principle – Service Above Self. Each day reminds me that it is not just what we do, but the intent and compassion behind our actions that truly make a difference.

Our nation's youth are the pillars of tomorrow, carrying the dreams and responsibilities of a better India. For our country to truly flourish, our young generation must be empowered, educated, and inspired to excel. Every initiative we take at Rotary is a step towards nurturing leaders amongst our youth — leaders who will lead with knowledge, integrity, and service in their hearts.

This week, we also celebrate a milestone that unites every Indian — Independence Day. It is a time to reflect on the sacrifices of countless men and women who fought for our freedom, and to renew our pledge to contribute positively to our nation's progress. Let us honour their legacy by serving our communities with the same selflessness and dedication that they showed towards our motherland.

Wishing each one of you a Happy Independence Day!

Let's work together for a future where our youth lead with courage, and our nation shines with pride.







YOUTH  
in Action

Synergy

Weekly Bulletin

EDITION - VII

ROTARY CLUB ROOPNAGAR

PP Rtn Prabhjit Singh  
Director Youth Service

07.08.2025

## POSTER MAKING COMPETITION

PROMOTING THE IMPORTANCE OF BREASTFEEDING

A **Poster Making Competition** was organized to raise awareness and promote the significance of breastfeeding as part of the celebrations for **World Breastfeeding Week**. The event was held in association with Parmar Hospital, with the hospital's dedicated nursing staff enthusiastically participating and showcasing their creativity around the theme of breastfeeding.

Winners among the nurses were recognized and felicitated for their outstanding efforts and impactful messages. **Chief Guest:** The event was graced by renowned pediatrician **Dr. S.M. Sardana**, who served as the Chief Guest. **Dr. Sardana** addressed the gathering and emphasized the lifelong benefits of breastfeeding for both newborns and mothers. Dignitaries Present: **PDG Dr. R.S. Parmar, AG Gurpreet Singh, PP Usha Bhatia, PE Gagan Saini, Rtn. Ashok Chadha, Rtn Sukhinder Deep Singh, Rtn Neeta Chadha and Rtn. Suman Tyagi**. Club appreciated the efforts of project **chairman Rtn Dr Manpreet Kaur**.

These dignitaries encouraged all participants, appreciated the creative efforts, and underlined the vital role of nurses in community health awareness.

**Purpose and Impact** The competition successfully Increased awareness among nursing professionals and the wider community about the in essential benefits of breastfeeding.







**YOUTH**  
*in* Action



**PP Rtn Prabhjit Singh**  
Director Youth Service

**08.08.2025**

## **RAYAT LAW ROTRACT INSTALLATION**

### **Rotaract Club of Rayat College of Law Railmajra Ushers in 2025-26 Team with Inspiring Installation Ceremony**

The Rotary Club of Roopnagar ceremoniously installed the new leadership team (2025-26) of the **Rotaract Club of Rayat College of Law, Railmajra**, in a vibrant event attended by Rotary dignitaries, faculty, and students. The evening celebrated service, leadership, and the seamless transition of responsibilities. ### Dignitaries & Highlights

- Chief Guest: PDG Dr. R.S. Parmar
- Guest of Honour: DRR Ritik Nagpal
- Special Guests: PP Rtn. B.S. Satyal (Registrar, LTS University), PP Rtn. Gurpreet Singh (Assistant Governor), PP Rtn. Harsimar Sitta, Rtn. Ashok Chadha, and IPP Rtn. Kulwant Singh.

#### **Outgoing President's Legacy**

**Rtr. Urvashi** (President 2024-25) presented her **annual report**, highlighting the club's achievements:

- Key projects undertaken in community service, professional development, and youth engagement.
- Collaborative initiatives with Rotary Club of Roopnagar.
- Milestones like.

**"It's been an honor to lead a team that turned challenges into opportunities. I trust the new leaders will elevate our legacy,"** she remarked.

#### **New Leadership Takes Charge**

**Rtr. Anmol Sharma** assumed office as **President (2025-26)**, outlining a vision focused on:

- Expanding community outreach programs.
- Strengthening Rotary-Rotaract synergy.

#### **Closing Notes**

The ceremony concluded with gratitude to mentors, Rotarians, and members for their unwavering support. The new team pledged to uphold Rotary's ethos while innovating for greater impact.







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PP Rtn Prabhjit Singh  
Director Youth Service

08.08.2025

## RAYAT LAW ROTRACT INSTALLATION







**YOUTH**  
*in* **Action**



**PP Rtn Prabhjit Singh**  
Director Youth Service

**12.08.2025**

## **INTERNATIONAL YOUTH DAY**

Rotary Club Roopnagar observed **12th August** as **International Youth Day** at **Government College Ropar** in association with Rotaract Club Govt. College Ropar. President Sudhir Sharma welcomed all. **Dr Arun Kumar, Dean Student Affairs IIT Ropar** was the Chief Guest and **Dr B. P. S. Parmar, Medical Director, Parmar Hospital** was the guest of Honour. They highlighted the role of youth in the development of society and motivated the students to face the challenges with determination. The Key note speaker **Dr Nirmal Singh Brar** guided the youth to overcome the obstacles and stressed on the need of education. He said that the theme of **International Youth Day (IYD) 2025** given by UNO, Local Youth Actions for the Sustainable development goals and Beyond, highlights the unique role of youth in translating global ambitions into community-driven realities. **PDG Dr R. S. Parmar** also blessed the students. An essay and slogan writing competition was also held on this occasion in which students and **Interact Clubs** of **D.A.V School, Khalsa Senior Secondary School, G. M. N School, Genius International School, Govt Sen.Sec School, Ropar, Neta Ji Model School, Khalsa School Jhand Sahib and P.M Memorial school** participated. The Winners of these competitions were presented with certificates and their school incharges were also recognised. Prize distribution was conducted by PE Gagan Saini. AG Gurpreet Singh, Secretary Dr Ankur Wahi, Rotaract President Pawanpreet, Rtn I.S. Tyagi, Rtn Suman Tyagi, Rtn Ashok Chadha, Dr Anu Sharma, Madam Kuldeep, Madam Ashana Jain, Madam Javtinder Kaur, Madam Kusum, Madam Geeta Sharma, Madam Meenu Rani and other teachers were present on this occasion. The students of Red Ribbon Club and **NSS Units of Govt. College Ropar** also participated. The stage was conducted by Director Youth Prof Prabhjit Singh, who organised the function.





**YOUTH**  
in Action

**Synergy**

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PP Rtn Prabhjit Singh  
Director Youth Service

12.08.2025

## INTERNATIONAL YOUTH DAY





11.08.2025

## FREE EYE SURGERY



On receiving a distress call from a dedicated local community volunteer, Rotary Club Roopnagar was informed about a young girl from an underprivileged family in urgent need of sight-saving **eye surgery** scheduled for **12th August 2025**.

The **surgery cost was ₹35,000**. Unfortunately, the child's family was ineligible for government medical aid due to the absence of valid identity documents (Aadhaar Card / Ration Card).

In response, the Rotary Club of Roopnagar Trust promptly sanctioned assistance. A **cheque for ₹35,000** was personally handed over to the child's parents to ensure the surgery was carried out without delay.

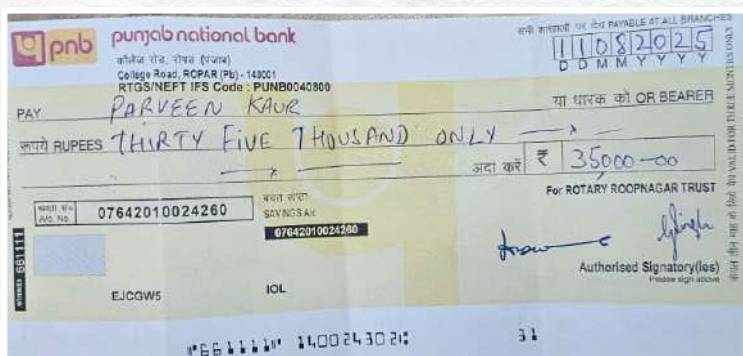
### Acknowledgement of Donors

We gratefully acknowledge the generous contributions of our members whose prompt support made this humanitarian act possible:

S. No.	Name / Designation	Amount (₹)
1	PP Rtn. Prabhjit Singh, Director Youth Services	7,500
2	AG Rtn. Gurpreet Singh	5,000
3	President Rtn. Sudhir Sharma	3,000
4	Secretary Rtn. Ankur Wahi	1,500
5	Rtn. Satish Wahi	1,500
6	PP Rtn. D.S. Deol, Director Club Service	2,000
7	Rtn. Raj Kumar Kapoor	1,500
8	PP Rtn. Dr. B.P.S. Parmar, Director International Service	5,000
9	Rtn. Vijay Kumar Kakkar	1,100
10	PP Rtn. Amar Raj Saini	2,500
11	Rtn. Harmohan Saini	1,000
12	Rtn. Varun Soni	2,000
13	Rtn. Bhupinder Singh	3,500

### Message from the Club

This timely collective effort is a shining example of the Rotary spirit of "Service Above Self". Through quick coordination and the generosity of our members, we were able to restore hope and sight to a child in need.







## Director Club Service in Action

**PP Rtn D S Deol**  
Director Club Service

Director Club Services, PP Rtn D S Deol has started a beautiful practice of reaching out to Rotarians.





## ROTARY CLUB ROOPNAGAR

08.08.2025

## GLIMPSES OF LAST MEETING



### Raksha Bandhan Celebration with Brahma Kumaris

In our regular Friday meeting, Raksha Bandhan was celebrated with warmth and joy in the presence of the Brahma Kumaris. The sisters of the Brahma Kumaris tied Rakhis to our Rotary Club members, symbolizing a bond of trust, care, and protection.

They delivered an enlightening spiritual talk on overcoming fear and anger, sharing thought-provoking insights that left everyone deeply inspired.

Additionally, members were introduced to meditation techniques that can be easily incorporated into daily life for inner peace and clarity.

On behalf of the Club, **AG Gurpreet Singh expressed our sincere gratitude** by reciting an appreciation letter for the Brahma Kumaris, acknowledging their valuable contribution towards promoting harmony and positive thinking.

The session was truly enriching and strengthened our bonds of fellowship and spiritual wellbeing.



# ROTARY CLUB ROOPNAGAR

# ROTARY IN NEWS



ਰੋਟਰੀ ਕਲੱਬ ਰੂਪਨਗਰ ਵਲੋਂ ਅੰਤਰਰਾਸ਼ਟਰੀ ਯੁਵਾ ਦਿਵਸ ਮਨਾਉਣ ਦੀ ਤਸਵੀਰ।

ਰੋਟਰੀ ਕਲੱਬ ਰੁਪਨਗਰ ਨੇ ਅੰਤਰਰਾਸ਼ਟਰੀ ਯੁਵਾ ਦਿਵਸ ਮਨਾਇਆ

ਰੂਪਾਨਗਰ, 12 ਅਗਸਤ | ਸਰਨਾਮ ਸਿੰਘ ਜੀ-ਰੰਦੋਰੀ ਕਰਕੇ ਪ੍ਰਧਾਨਗਤੀ ਦੇ ਹੇਠਕੋਟ ਅਗਸਤੀ ਕਾਗਜ਼ ਰੂਪ ਦੇ ਸਾਹਿਬਗ ਨਾਲ ਸਰਨਾਮੀ ਕਾਗਜ਼ ਵਿਖੇ 12 ਅਗਸਤ ਨੂੰ ਅੰਤਰਰਾਸ਼ਟਰੀ ਯੁਵਾ ਦਿਵਸ ਵਜੋਂ ਮਨਾਇਆ। ਪ੍ਰਧਾਨ ਪ੍ਰਧੀਰ ਸਰਨਾ ਨੇ ਸਾਹਿਬਾਂ ਦਾ ਸਾਥਾਗਤ ਕੀਤਾ। ਡਾ ਅਰੁਣ ਭੁਪਾਲ, ਡੀਨ ਸਟੂਡੈਂਟ ਅਫੇਅਰਜ਼ ਆਈਆਈਟੀ ਰੰਦੋਰ ਪੰਜ ਮਹਿਨਾਮ ਸਨ ਅਤੇ ਡਾ ਕੀ ਪੀ ਪੰਜ ਪਦਮਾਰ, ਮੰਗੋਲਕ ਗਵੀਰਵੇਰਵ, ਪਦਮਾਰ ਰੂਪਨਾਗਰ ਵਿਸ਼ੇਸ਼ ਮਹਿਨਾਮ ਵਜੋਂ ਪੰਜ ਸਨ। ਉਨ੍ਹਾਂ ਨੇ ਸਾਸਾ ਦੇ ਵਿਸ਼ਾਗ ਵਿਚ ਨੌਜਵਾਨਾਂ ਦੀ ਡ੍ਰੀਮਾਂ ਤੋਂ ਕਾਗਜ਼ਾ ਧਾਇਆ ਅਤੇ ਵਿਸ਼ਾਗਰਵਾਨਾਂ ਨੂੰ ਦਿਵਸਾ ਨਾਲ ਚੁਣੌਤੀਆਂ ਦਾ ਸਾਥਾਗਤ ਕਰਨ ਲਈ ਪ੍ਰੇਰਿਤ ਕੀਤਾ। ਪ੍ਰਿੰਤ ਭੁਲਕੇ ਡਾ ਅਰੁਣ ਸਿੰਘ ਕਾਗਜ਼ ਨੇ ਨੌਜਵਾਨਾਂ ਨੂੰ

ਗੁਰਬਾਣੀ ਦੂਰ ਕਰਨ ਲਈ ਮਾਨਗਰਹਰਨ  
ਦਿੱਤਾ ਅਤੇ ਜਿੰਨਿਆਂ ਦੀ ਸੁਰਤਕ ਨੂੰ  
ਦਿੱਤਾ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਸੁਰਤਕ ਬਣਨ  
ਦੁਆਰਾ ਦਿੱਤਾ ਗਿਆ ਅੰਤਰਰਾਸ਼ਟਰੀ ਜੁਧਾ  
ਵਿਸ਼ੇ 2025 ਤਾ ਬੀਮ, ਵਿਸ਼ਵਾਧਿਆਨੀ  
ਦਿੱਤਾ। ਉਨ੍ਹਾਂ ਸਮਾਜ-ਸਾਂਚਿਤਕ ਗੁਰਬਾਣੀ  
ਵਿਖੇ ਅਨੁਦਾਤ ਕਰਨ ਦਿੱਤਾ ਜਿਨ੍ਹਾਂ ਦੀ  
ਵਿਲੱਭਤ ਕੁਮਿਕਾ ਨੂੰ ਉਸਤਾਤ ਕਰਦਾ ਹੈ  
ਪੀਂਤੀ ਦੀ ਡਾ. ਆਰ ਅੰਨ ਪਰਮਨ ਨੇ ਵੀ  
ਦਿੱਤਾ। ਅੰਤਰਰਾਸ਼ਟਰੀ ਅਸੰਬਲਾਜ ਦਿੱਤਾ  
ਦਿੱਤਾ ਅਤੇ ਵਿੱਤਿਕ ਅਤੇ ਅੰਤਰਰਾਸ਼ਟਰੀ  
ਮੁਕਾਬਲੇ ਦੀ ਰਵਾਇਤਾ ਗਿਆ, ਜਿਸ  
ਵਿੱਚ ਡੀ.ਏ.ਵੀ. ਸੁਰਤ, ਆਮਾਜੀ ਸੀਨੀਅਰ  
ਸੇਕੰਡਰੀ ਸੁਰਤ, ਨੇ ਅੰਨ ਅੰਨ  
ਸੀਨੀਅਰ ਇੰਟਰਨੈਸ਼ਨਲ ਸੁਰਤ, ਸਰਕਾਰੀ  
ਸੈਨਟ ਸੁਰਤ, ਰੇਡ, ਨੇਤਾ ਦੀ ਮਾਧਵ  
ਸੁਰਤ, ਆਮਾਜ ਸੁਰਤ ਨੇ ਸਾਂਚਿਤਕ

ਪੀ ਐਮ ਮੋਰੇਗਿਅਨ ਸ਼ੁਕਨ ਦੇ  
ਵਿਚਿਆਰਥੀਆਂ ਦੇ ਇੰਟਰਵਿਊ ਕਲੱਬਾਂ ਨੇ  
ਹਿੱਸਾ ਲਿਆ। ਇਨ੍ਹਾਂ ਪ੍ਰਕਾਸ਼ਿਕਾਂ ਦੇ ਜੋਰ੍ਹਾਂ  
ਨੂੰ ਸਟੇਡੀਓਕੰਟਰੋਲ ਕੀਤੇ ਗਏ। ਵੀਜੀ  
ਗੁਰਪ੍ਰੀਤ ਸਿੰਘ, ਸਕੱਤਰ ਆ ਅੰਗਰੇਜ਼ ਆਰ  
ਵੀ ਟੀ ਗਰਾਨੇ ਨੇ, ਰੋਟੇਟਿੰਗ ਪ੍ਰਧਾਨ  
ਪਛਾਪ੍ਰੀਤ, ਆਰ ਵੀ ਐਨ ਆਰੀ ਐਸ.  
ਤਿਆਗੀ, ਆਰ ਵੀ ਐਨ. ਸੁਨਨ ਤਿਆਗੀ,  
ਤਿਆਗੀ ਐਨ ਅੰਗਰੇਜ਼ ਕੰਟਰੋਲ, ਆ. ਐਨ  
ਸੁਨਨ, ਮੋਰੇਗਿਅਨ ਐਨ, ਮੋਰੇਗਿਅਨ ਐਨ.  
ਮੋਰੇਗਿਅਨ ਐਨ ਐਨ ਐਨ ਐਨ ਐਨ.  
ਗੋਤਾ ਸ਼ਰਮਾ ਅਤੇ ਅੰਗਰੇਜ਼ ਆਪਣੇ ਮੌਜੂਦ  
ਜਾਂ ਸਟੇਡੀਓ ਥਾਨਨ ਪੇਸ਼ ਦੇ ਹੋਰ ਸ਼ਿਕਨ  
ਕਲੱਬ ਅਤੇ ਅੰਗਰੇਜ਼ ਐਨ ਐਨ ਐਨ  
ਵਿਚਿਆਰਥੀਆਂ ਨੇ ਵੀ ਹਿੱਸਾ ਲਿਆ। ਸਟੇਸ  
ਜਾਂ ਸੰਚਾਲਨ ਕੰਟਰੋਲਰ ਯੂਥ ਪ੍ਰੋਜੈਕਟ  
ਪ੍ਰਬੰਧੀਤ ਸਿੰਘ ਨੇ ਕੀਤਾ।

रोटरी क्लब रोपड़ ने अंतरराष्ट्रीय युवक दिवस पर छात्रों को किया सम्मानित



रोपड़ रोटी क्लब रोपड़ ने रोटेक्ट क्लब सरकारी कॉलेज रोपड़ के सहयोग से सरकारी कॉलेज में अंतर्राष्ट्रीय युवा दिवस मनाया। इस दौरान डॉन स्टूडेंट अफेयरस आईआईटी रोपड़ डॉ. अरुण कुमार मुख्य मेहमान और डॉ. बीएपीएस परमार मेडिकल डायरेक्टर परमार अस्पताल विशेष मेहमान थे। अध्यक्ष सुधीर शर्मा ने गणमान्यों का स्वागत किया। मुख्य वक्ता डॉ. निर्मल सिंह बराड़ ने शिक्षा की जरूरत पर जोर दिया। इस दौरान पीडीजी डॉ. आरएस परमार ने विद्यार्थियों को आशीर्वाद दिया। इस दौरान लेख और स्लोगन लिखने के मुकामले कराए गए, जिसमें डीएवी स्कूल, खालसा सीसे स्कूल, जीएमएन स्कूल, जीनियस इंटरनेशनल स्कूल, सरकारी सीसे स्कूल, नंताजी स्कूल, खालसा स्कूल इंड साहिब और पीएम मेमोरियल स्कूल के विद्यार्थियों और इंग्रेक्ट क्लबों ने हिस्सा लिया। इन मुकामलों के विजेताओं को सर्टिफिकेट देकर सम्मानित किया गया और उनके स्कूल इंचार्जों को भी सम्मानित किया गया। इस कार्यक्रम में सरकारी कॉलेज रोपड़ के रैड गीवन क्लब और एनएसएस यूनिटों के विद्यार्थियों ने भी हिस्सा लिया। इस दौरान एजी गुरप्रीत सिंह, सचिव डॉ. अंकुर वाही, पीई गगन सैनी, युथ डायरेक्टर युथ प्रो. प्रभजीत सिंह रोटेक्ट अध्यक्ष पवनप्रदीप सिंह, आरटीएन आईएस त्यागी, आरटीएन सुमान तवाही, आरटीएन आशोक चड्ढा, डॉ. अनु शर्मा, कुलतटी, आसना जैन, जवतंदर कौर, कुसुम, गीता शर्मा व अन्य अध्यापक उपस्थित थे।



ਰਿਆਤ ਕਾਲਜ ਆਫ਼ ਲਾਅ ਦੀ ਐਨਐਸਐਸ  
ਯੂਨਿਟ ਨੇ ਖੁਨਦਾਨ ਕੈਂਪ ਲਗਾਇਆ

[illegible]

**CHARDIKLA**





**ROTARY CLUB ROOPNAGAR**

## ROTARY AND ME

As desired, I am penning down a few lines about Rotary and me and my experiences as a Rotarian. Prior to Rotary there was a small service club named "Youth Association for the sick" headed by Dr. R.S. Parmar and myself as secretary and a wonderful idea of bringing Rotary in Roopnagar town sprouted in Dr. R.S. Parmar's mind being concerned about human sufferings and serving the community around and with his unblinking efforts the idea translated into reality and a marvelous gift of Rotary was given to Roopnagar and prestigious Rotary Club

Roopnagar came into being and chartered in the year 1979 with PDG Rtn. Dr. R.S. Parmar as Charter President. Service to mankind is service to 'GOD' – Gita says.

I am a charter member and I shifted to Rotary because I wanted to remain in the company of a person of unblemished reputation- dedicated to providing service at the local level and around none other than Dr. R.S. Parmar who has been inspiring spirit for me throughout. I served as club Secretary in the year 1980-81 and became President in the year 1988-89 and I was lucky enough that I was installed as President by PRIP Rajendra Saboo Ji. Thereafter I got an opportunity to discharge my duties as Governor's Special Representative (GSR) and assisted the then District Governor Dr. R.S. Parmar in the year 1989-90. I was appointed as a member of Nominating Committee for nominating District Governor in the year 1989-90. I played key role in forming four Rotary Clubs viz. Nangal and Bhakra Nangal, Morinda, Nalagarh and then Anandpur Sahib and proposed Kharar also but was finalized and chartered later on. I was one of the faculty member at PETS in the year 1991-92.

I am a voracious reader of Rotary News and my letters invariably are featured in this prestigious magazine.

Rotary is one of the best platform which gives us the opportunity to combine our efforts and resources and utilize it for the betterment of mankind. An individual alone may not be competent enough to bring about a change he/she desires to see in society. Rotary however is the institution that brings together we individuals and provides us with a common platform to implement all that is beyond the scope of a single man.

Unluckily for couple of years I am not a regular member of the club due to some personnel reasons but still clinging to the club as honorary member and shall continue till my last breath if the club allows. I have enjoyed every moment with Rotary. Rotary for me had been a great learning experience and continues to teach me on a daily basis, it is a way of life. Rotary friendships and fellowships are the engine of service. I salute everyone of you for gluing to this remarkable network of service across the globe. Rotary is an ocean of affection, care and friendship. I am grateful and happy to be a part of it.

With Good Wishes

Rtn Raj Kumar Kapoor





## ROTARY CLUB ROOPNAGAR

### REGULAR CLUB MEETING

The next regular meeting of the club is scheduled for

**Friday, 15th August 2025 at 7-30 PM.**

- After meeting being called to order, the president and secretary will present their report on last week's projects and forthcoming events.
- Incidentally, the regular club meeting this week also happens to be on our Independence Day so highlight of this meeting should be talk on Independence. All members are welcome to share their views.

### THOUGHT OF THE WEEK

Be the healer, not the breaker.  
 Even as Rotarians and Peace Builders, we  
 all have silent struggles we're facing.  
 We, too, deserve peace, joy, and  
 a place to truly belong.  
 Sometimes, it doesn't take much.  
 A smile. A kind word. A gentle gesture.  
 Put a smile on someone's face today –  
 and be kind. 🍷



If you have the chance  
 to make someone happy,  
 just do it. Sometimes  
 people are struggling  
 silently. Maybe your  
 act of kindness  
 can make their day.



# We Celebrate Birthdays



Rtn. Sanjeev K Khera **17th August**



Rtn Simardeep Singh **19th August**



Rtn Jasmine Kaur **22nd August**





## FROM THE EDITOR DESK

Rtn. Ashok Chadha  
Club Editor  
RY 2025-26



Dear Members,

Warm greetings on the eve of Independence Day. We will be celebrating the event at RVTC on Friday morning at 8 AM Sharp with unfurling of national flag followed by singing of **national anthem**.

Last week Rotary team did some very meaningful projects in different fields like youth empowerment, creating awareness on important issues in the society and providing urgent medical treatment to the needy.

We continue our journey with Me and My Rotary with powerful input from veteran Rotarian Raj Kumar Kapoor.

See you tomorrow morning for independence day celebrations and regular club meeting in the evening.